

Value		3 rd Grade	4 th Grade	5 th Grade	6 th Grade
		Family	Self	Peers	Community
Teshuvah Taking responsibility for your actions (September-October)	SAMPLE CONTENT	<ul style="list-style-type: none"> • Connections between Teshuva, forgiveness, and making mistakes • <i>Vidui</i> • Text: Adam and Eve 	<ul style="list-style-type: none"> • The concept of <i>Chet</i> • The four steps of <i>Teshuvah</i> • <i>Tashlich</i> • The concept of <i>Mitzvot</i> • <i>Sukkot</i>: four species 	<ul style="list-style-type: none"> • Blessing for a New Month • Text: Strive to be a worthy person • <i>Yehi Ratzon</i> Formula • Text: Kamtza & Bar Kamtza • Avraham & Sarah 	<ul style="list-style-type: none"> • Text: <i>Im ein ani li mi li</i> • <i>Tashlich</i> • <i>Al Chet</i> • <i>Hineni</i>- I'm here! • Text: Wake Up to Teshuvah • Standing up for Israel
		Recommended Tefilah: Mode Ani	Recommended Tefilah: <i>Shema & Barekhu</i>	Recommended Tefilah: <i>Eilu D'varim</i>	Recommended Tefilah: Torah Blessings
B'Tzelem Elohim Honoring the image of G-d in ourselves (October-November)	SAMPLE CONTENT	<ul style="list-style-type: none"> • Text: Creation- <i>Gan Eden</i> • Focus on celebrating differences amongst each other • G-d as a role model in treating others with kindness 	<ul style="list-style-type: none"> • Text: Creation- <i>Gan Eden</i> • Planning a Service Learning Project • <i>Shehecheyanu</i> • Modern society and image • Israeli Hiker who helped a stranger 	<ul style="list-style-type: none"> • US Declaration of Independence • Text: The Creation Story • Service Activity Planning • Diversity of Jewish people • Moshe and his "slow speech" • Your institution's Inclusion 	<ul style="list-style-type: none"> • Text: Creation Story • Text: Noah and the flood • Text: Abraham and Sodom • Speaking out against slavery in the Civil War • <i>Tzedakah</i> allocation
		Recommended Tefilah: <i>Asher Yatzer</i>	Recommended Tefilah: <i>Modeh Ani</i>	Recommended Tefilah: <i>Avot V'Imahot</i>	Recommended Tefilah: <i>K'dushah</i>

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Gevurah Using one's inner and outer strength (November-December)	SAMPLE CONTENT	<ul style="list-style-type: none"> Strength as spiritual courage, willingness to take risks and standing up for others Story of Hanukkah Anne Frank 	<ul style="list-style-type: none"> <i>Joshua as a Leader</i> <i>Eizehu Gibor (Pirkei Avot)</i> Israeli Olympians Talmud: Rabbi Akiva Mitzvot, family and our community make us stronger 	<ul style="list-style-type: none"> Story of Hannukah: Syrio Greeks & Hellenism Bullying Joseph & Reuven Text: Do Not Stand Idly By American Jews Standing Up for their Beliefs 	<ul style="list-style-type: none"> Text: David and Goliath <i>V'al HaNissim</i> Military Story of Chanukah Rebirth of Israel Monuments of Israel American Jewish immigration Modern day <i>Aliyah</i>
		Recommended Tefilah: <i>Hanukkah Blessings</i>	Recommended Tefilah: <i>Mi Chamocha</i>	Recommended Tefilah: <i>G'vurot</i>	Recommended Tefilah: <i>V'shamru</i>
Achrayut Doing what you can to make the world a better place (January-February)	SAMPLE CONTENT	<ul style="list-style-type: none"> Looking out for one another Love and protect family members Roles and responsibilities Personal Ten Commandments Healthy body Heal the world 	<ul style="list-style-type: none"> Tu Bishevat Text: Love your neighbor as you love yourself Text: Maimonides on loving your neighbor Heroes of Israel Tzedakah and Wealth Distribution Pirkei Avot: You are not obligated to complete the task, nor are free to desist from it 	<ul style="list-style-type: none"> Abraham Joshua Heschel & MLK Jr. Jewish Prophets <i>Tochecha</i>- Rebuking Israeli's & <i>Tikkun Olam</i> <i>Kibbutzim</i> <i>Haftarah</i> 	<ul style="list-style-type: none"> Tu Bishevat & Stewardship of the Earth Text: Caring for the Natural World- <i>Shmirat HaTevah</i> Text: Do Not Waste- <i>Bal Taschit</i> Text: Love Your Neighbor As Yourself Text: Returning a Lost Object Gilad Shalit Prayer for the State of Israel
		Recommended Tefilah: <i>Al Netilat Yadayim</i>	Recommended Tefilah: <i>Al Shlosha D'varim</i>	Recommended Tefilah: <i>V'ahavta</i>	Recommended Tefilah: <i>Aleinu</i>

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HaKarat HaTov Seeking joy and being grateful (February-March)	SAMPLE CONTENT	<ul style="list-style-type: none"> Always seek good in others Giving compliments Text: The Creation Story 	<ul style="list-style-type: none"> <i>Brachot</i> over food <i>Derech Eretz</i> Text: Ten Commandments Text: Jealousy and Coveting Honoring our parents 	<ul style="list-style-type: none"> 7 species of Israel Purim: <i>Achashverosh</i> <i>Modeh Ani</i> Israeli's transforming adversity <i>Mitzvah</i> to be happy Psalms 133 and 136 (Thanksgiving and <i>Hinei Mah Tov</i>) 	<ul style="list-style-type: none"> First Fruits- <i>Bikurim</i> <i>Birkat Hamazon</i> Obligations to others as a result of God taking us out of Egypt Making your bar/bat mitzvah express <i>Hakarat HaTov</i> <i>Kashrut</i> 	Recommended Tefilah: <i>Shecheyanu</i>	Recommended Tefilah: <i>Yotzer Or</i>	Recommended Tefilah: <i>Ashrei</i>	Recommended Tefilah: <i>Birkat Hamazon</i>
		<ul style="list-style-type: none"> Choosing your words carefully Story: A Pillow Full of Feathers Gossip and rumors 	<ul style="list-style-type: none"> Text: Fulfilling promises <i>Kol Nidre</i> Order of the Seder <i>Barekhu</i> <i>Haggadah</i> 	<ul style="list-style-type: none"> Blessings over foods <i>Shema</i> Text: Moses and the Burning Bush Symbols of the Seder Plate <i>Lashon Hara & Rechilut</i> (Gossip) Natan Sharansky's Book of Psalms 	<ul style="list-style-type: none"> Text: Entering Israel and the 12 spies Seder: Four Questions refresher Exodus as a Master Story American Anti-Slavery movement Seder: Phrases from our seder that talk about our obligation to others 	Recommended Tefilah: <i>Shema</i>	Recommended Tefilah: The Four Questions	Recommended Tefilah: <i>Shabbat Brachot</i>	Recommended Tefilah: <i>Mourner's Kaddish</i>

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Shalom Helping to create a calmer, more peaceful world (April-May)	SAMPLE CONTENT	<ul style="list-style-type: none"> Shalom Bayit: Creating peace in the home Yom ha'atzmaut 	<ul style="list-style-type: none"> <i>Havdalah</i> Text: <i>Eizer K'negda</i> – helpmate Text: The Temple Text: Shalom Aleichem & <i>Shalom Bayit</i> Text: Avraham models compromise Text: Ruth models risk taking Priestly Blessing 	<ul style="list-style-type: none"> <i>Seudat Shlishit</i> Prayers for Peace Text: <i>Pirkei Avot</i> pursuers of peace Text: Solomon's quest for wisdom Solomon's Temple in Jerusalem Gilad Shalit's childhood story Biographies of Nobel Prize winners 7 species of Israel 	<ul style="list-style-type: none"> <i>Havdalah</i> Text: Rodef Shalom (Pursue Peace) Text: Sh'lom Bayit (Peace in the Home) Text: Somekh Noflim (Lifting up the fallen) Text: Love Your Neighbor as Yourself Tochecha/Rebuking injustice Golden Calf 			
		Recommended Tefilah: <i>Oseh Shalom</i>	Recommended Tefilah: <i>Sim Shalom</i>	Recommended Tefilah: <i>L'kha Dodi</i>	Recommended Tefilah: <i>Havdalah Blessings</i>			

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