

Week 2

Gevurah

בוֹרָה

ShalomLearning



Activity 1

Peer Pressure

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Video: Bullying

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Discussion Questions

Brain Break!

Brain Break!

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Standing Up

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Stepping Up

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Red: The Video

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Chanukah and *Gevurah*

Wrap up

Wrap Up

Outline for Today

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Wrap up

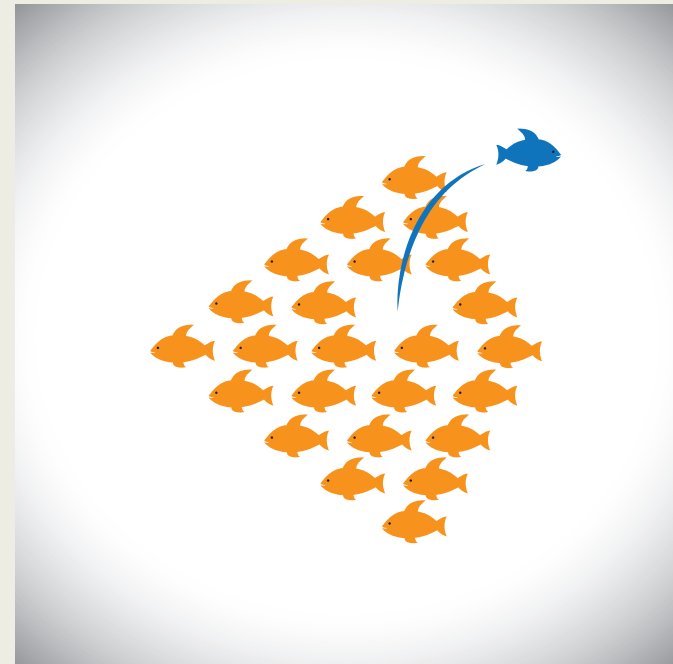
REVIEW

We started our unit on *Gevurah* and discussed perseverance and spiritual courage.

Do you remember these people?

- Theodor Herzl
- Rabbi Hillel

What do they have in common?



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PEER PRESSURE

What is the definition of the term “peer pressure”?



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Silent Signals



We need a
volunteer
to leave
the room

Silent Signals

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Wrap up

APPLE



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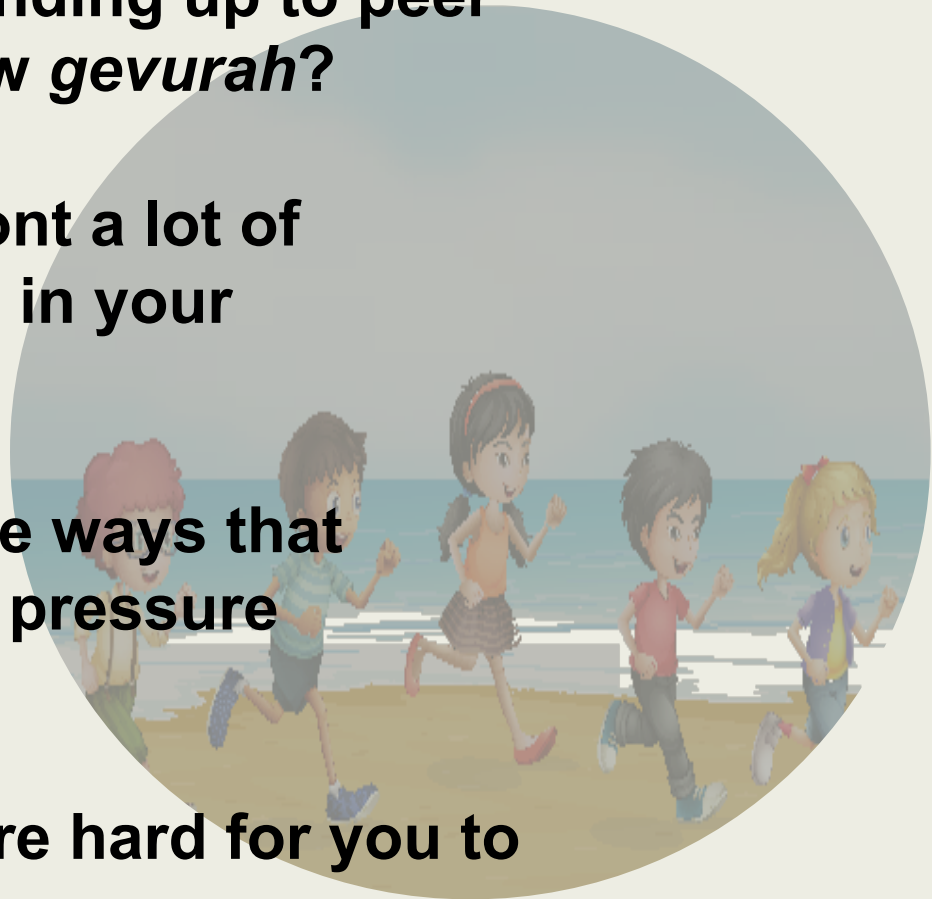
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DISCUSSION QUESTIONS

- How does standing up to peer pressure show *gevurah*?
- Do you confront a lot of peer pressure in your daily life?
- What are some ways that negative peer pressure affects you?
- Which ones are hard for you to resist?
- What are some strategies for steering clear?



VIDEO: BULLYING

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DISCUSSION QUESTIONS

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What was
your
reaction
to
watching
this
video?



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DISCUSSION QUESTIONS



Do you know the words BYSTANDER and UPSTANDER?

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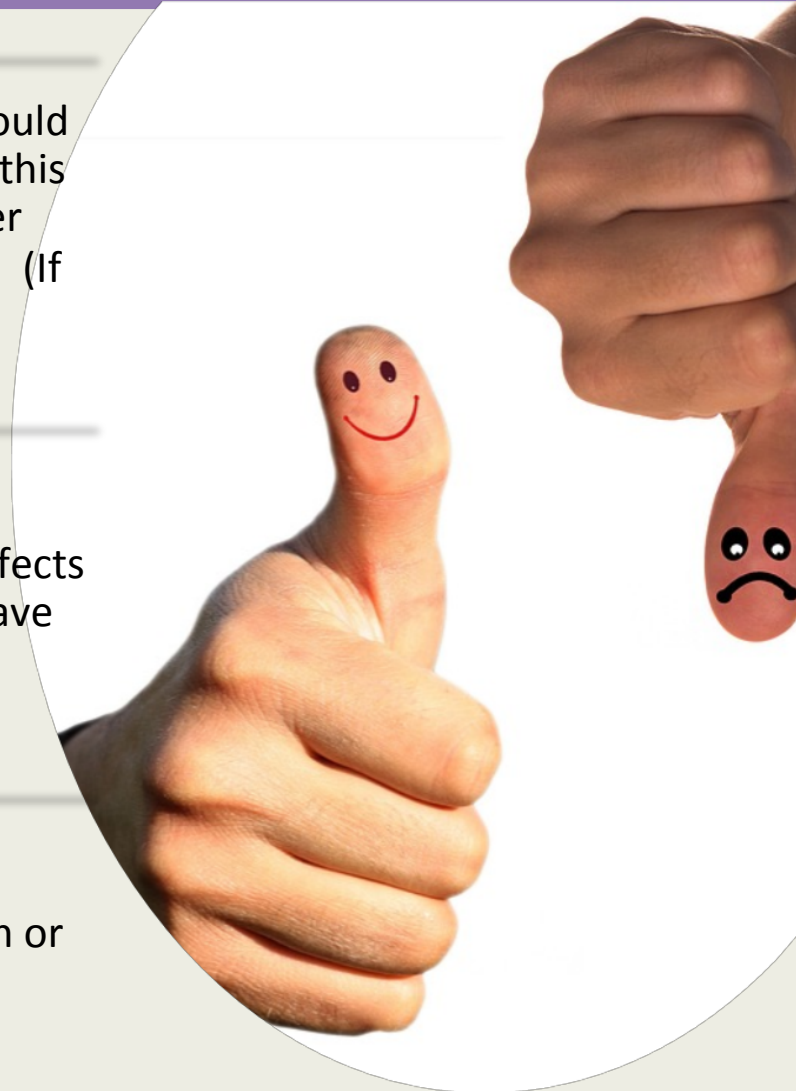
Wrap up

DISCUSSION QUESTIONS

Write a possible statement that you could have made to be an upstander during this incident. Share with the class. Teacher should write down all the suggestions. (If this is an online class, have students “chat” their answers.)

What would have been the positive effects of doing each strategy? What might have been the negative effects?

How could joining with another person or people make an even more positive impact?



DISCUSSION QUESTIONS

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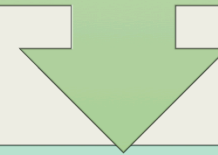
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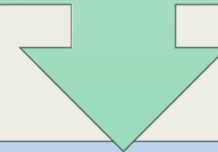
Wrap up

**How does it
feel to be
an
upstander?**

Why is it important to be an upstander even if it can be scary?



What are some examples of when you spoke up or wished you had?



Did anyone ever take a risk and speak up for you? How did that feel?

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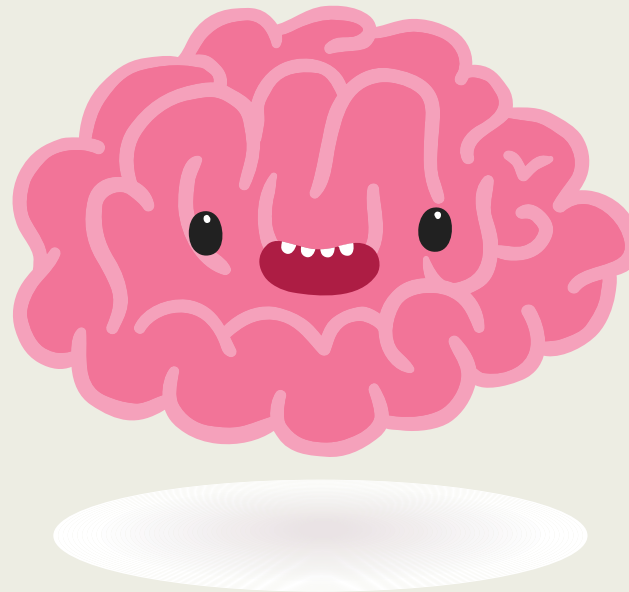
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BRAIN BREAK!

- How fast can you write down the English alphabet from Z to A?
- How fast can you write down the Hebrew alphabet from ז to א?



YOSEF'S BACKGROUND

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Wrap up

Avraham
and Sarah

Yitzchak
and Rivka

Yaakov
and 4
wives

Yosef and
11
brothers

Do you
remember
Avraham?
How is he
related to
Yosef?

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YOSEF'S BACKGROUND

Watch this video for Yosef's story...



What did the brothers do to Yosef?

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YOSEF AND HIS BROTHERS: THE ROLE OF REUVEN

YOSEF: THE DREAMS COME TRUE (GENESIS 37:2-45:10)

Since the last story Rachel, Joseph's mother, has died giving birth to Benjamin. If most of the stories in the Torah are short stories, then the story of Joseph is a novel.



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PART 2: THE BROTHERS PLOT

Narrator 2: "Israel said to Joseph:

Israel: Your brothers are tending the sheep in Shechem.
Come, I will send you to them.

Joseph: *Hinneini*, I am here.

Israel: "Please go and check on your brothers and check on
the sheep. Then return and tell me.

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Narrator 1: Joseph went after his brothers and found them in Dothan. ¹They saw him coming. Before he could get close, they plotted against him to kill him. ²The brothers said to each other:

Brothers: Here, the master of dreams is coming. ³Let us kill him and throw him in a pit and say a wild animal ate him. Then we'll see if his dreams come true.

Narrator 2: ⁴Reuben heard this and tried to save him. He said:

Reuben: Let us not take his life. ⁵Spill no blood. Throw him in this pit in the wilderness, but don't lay a hand on him.

Narrator 1: This was so that he could save him from their hands and return him to his father.

⁶When Joseph came to his brothers they stripped off his robe of many colors, grabbed him, ⁷and threw him in the pit. ⁸Then they sat down to eat bread.

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Narrator 2: They looked up and saw a caravan of Ishmaelites coming from Gilead. Their camels were carrying gum, balm, and perfume, and they were going down to Egypt. ³Judah said to his brothers:

Judah: **What do we get out of killing our brother and hiding his blood?** ⁴Let's sell him to the Ishmaelites, and our hands will not murder. He is our brother and of our flesh.

Narrator 1: ⁵They grabbed Joseph, pulled him up from the pit, and sold him to the Ishmaelites for twenty shekels of silver. They brought Joseph to Egypt.

⁶Reuben came back to the pit. Joseph was not in the pit. Reuben tore his robe. ⁷He returned to his brothers and said:

Reuben: The boy is gone. What is going to happen to me?

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Narrator 2: ¶They butchered a goat and dipped Joseph's robe in the blood. ¶They brought the robe of many colors to their father and said:

Brothers: We found this. Do you recognize it? Is this your son's robe?

Narrator 1: ¶He recognized it and said:

Israel: My son's robe! A wild beast has torn Joseph to pieces and eaten him.

Narrator 2: ¶Jacob tore his robe and mourned his son.

DISCUSSION QUESTIONS

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Wrap up

- How did Reuven show *gevurah*?
- How did Reuven stand up to peer pressure?
- **Debate!**
 - Do you think Reuven is to blame for Yosef being sold into slavery?



After hearing both sides of the debate...

- What did you hear that was most compelling?
- Did someone say something that caused you to rethink your opinion?
- Do you think there is a difference between the other brothers' guilt and Reuven's guilt?
- What else could Reuven have done to save Yosef?

DISCUSSION QUESTIONS

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Wrap up

- **What did you hear that was compelling?**
- **Did someone say something that caused you to rethink your opinion?**
- **DO you think there is a difference between the other brothers' guilt and Reuven's guilt?**
- **What else could Reuven have done to save Yosef?**
- **When someone doesn't act to help another, are they free from responsibility?**
- **What would you have advised Reuven to do? What do you think would have happened if Reuven had followed your advice?**

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STANDING UP

"From where do we learn that if you are in a position to offer testimony on someone's behalf, you are not permitted to remain silent? From "Do not stand idly by while your neighbor's blood is shed." – Sifra Leviticus on 19:16



**Vayikra 19:16:
"Do not stand idly by
while your neighbor's
blood is shed."**

DISCUSSION QUESTIONS

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Wrap up

What does this verse from the Torah mean to you? What is it teaching us?

How can you help someone who is being bullied or hurt?

The Sifra interprets the verse to say that you are not allowed to stay silent if you could say something that would help someone else.

Can you give an example of this from your own life?



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STEPPING UP FOR SOMOENE ELSE

When someone is being bullied or picked on, they are made to look different.



One way to show *gevurah* is to show that we identify with the person who is being mistreated, and that if someone “messes with them” they are messing with us too.

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VIDEO: RED



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Wrap up

- What message did the older teen give to the bullies?
- How do bullies hope that other people will react?
- How did the older teen show that what happens to one person affects everyone else equally?
- What *gevurah* did you see in this story?
- How can you apply this message to your own life?



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Wrap up

The Chanukah Story



Why Jews Celebrate Miracles

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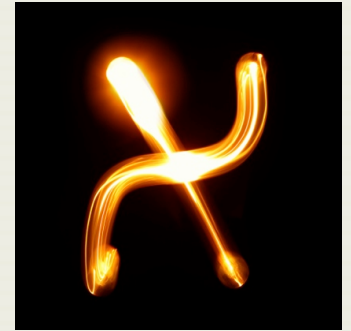
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Wrap up

Discussion Questions

- **What kind of pressure do the Jews face in the Chanukah story?**
- **What gives the Jews the strength to resist the pressure from the Greeks?**
- **In what way are the Jews of the Chanukah story similar to Theodor Herzl, in what way are they different?**
- **What do you think gives the Jews the strength to fight against the Greeks, the most powerful army in the world at that time?**
- **Do you ever feel negative pressure about your Jewish identity and practices? Do you ever feel negative pressure about Israel? Give an example.**
- **What was the purpose of the dreidel game? How was dreidel a way of showing *gevurah*?**



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WRAP UP

What kind of *gevurah* did we speak about this week?

Standing up to peer pressure is difficult but can make you a very strong person!



WRAP UP

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Next Week: Being a good friend sometimes requires *gevurah*.

Table Talk: When is a time you stood up to peer pressure?

MYSHALOMLEARNING

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Wrap up

Each of these videos has something to do with friendship....Watch them on my.shalomlearning.org *gevurah* week 3 and answer the questions on the discussion board!

